

Fall Courses Starting Soon

The Fall training season is upon us with a few courses filling up as we speak. The standard Boating Course is once again being offered with a number of people interested in becoming CPS members through taking this introductory course. Plans are being finalized on conducting a Piloting course this fall as well. Future courses, probably in the New Year include Celestial Navigation and

Fundamentals of Weather. This Fall there are also plans to conduct another Seamanship Sail course and introducing a new one in Marine Maintenance. Details of these and other courses can be found online at the National Website at <http://www.cps-ecp.ca> and elsewhere in this newsletter. As always, if a course interests you, contact the Squadron and we'll be glad to look into putting it on.

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CROSSCHOP

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NORTH BAY ^{Power Sail} SQUADRON

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Summer BBQ Best Ever!



Bad weather still haunts our annual BBQ, but despite the thunderstorms and high winds, we held the BBQ at the Manitou island anyway. This was the 8th annual, and 3rd actual BBQ (we've actually pulled it off 3 times now, canceling the other years for bad weather).

Our event was very well attended this year, drawing both the Chief Commander, Serge St. Martin, and his wife, and our District Commander, Jack McIrvine and his wife. All in all, 27 attendees, making it our biggest BBQ to date.

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Chief Commanda Dinner Cruise

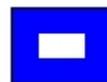
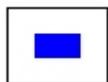
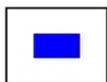
Carol Gibson S



12 members and spouses had a great evening on the Chief on Aug 23 - a week later than originally scheduled. When Mike went to book our dinner tickets he was advised the entire Ship was booked for a "booze cruise" on the 16th. This turned out well, because 4 of our group who had been on holidays were home and able to join us. The evening forecast was for thunderstorms and associated high winds, but as boarding time neared, the wind went down and we were treated to a beautiful evening of absolutely calm water (not often seen on Lake Nipissing) and even a sunset of sorts when the skies partially cleared. This year 100 Georges has the dining room contract and everyone declared this was "the best meal" of the 4 years we have been holding the dinner cruise. The evening passed too quickly as we heard about Liz and Art's trip to the North Channel (hopefully we can get her to elaborate with a presentation at one of our socials) and we also found out about a resort to check out in Port Severn from Greg and Kim's adventures in that area. Members are recommended to mark next years dinner cruise date on their calendar - for a great evening of beautiful scenery, good food and the camaraderie of fellow CPS members.

Our Web Address

[Http://www.nbpps.on.ca](http://www.nbpps.on.ca)



Flotsam and Jetsam

From the US Coast Guard Website

Sponge Bob 'stops up' sinking vessel

BOSTON - A Coast Guard rescue crew called upon Sponge Bob Square Pants for help in a tight situation aboard a Gloucester-based vessel sinking near Gloucester Harbor around 7:15 p.m., Saturday.

The four man crew of the 25-foot Clam Juice contacted Coast Guard Station Gloucester via VHF radio channel 16 to report their vessel was rapidly taking on water just off Ten Pound Island.

The Coast Guard launched a 25-foot response boat and rescue crew from Station Gloucester, which arrived on scene within minutes, and removed two crewmembers from the Clam Juice. Two Coast Guard crewmembers boarded the Clam Juice with a dewatering pump and began pumping the estimated 2,000 gallons of water out of the sinking vessel.

Upon dewatering the vessel, a large crack in the vessel's exhaust pipe was revealed as the source of the flooding. The best solution was to plug the exhaust hole externally with a round object, and rescuers began searching the vessel for something that fit the bill.

"I wish we had our football," said Petty Officer Second Class Daniel Bartholomew of the rescue crew. Finally, a crewmember aboard the Clam Juice grabbed a Sponge Bob Nerf football that was down below.

True to Sponge Bob's character, the squishy football sealed the hole perfectly and allowed the Clam Juice to be towed to Browns Yacht Yard for more permanent repairs.

No injuries were reported of the four crewmembers. Sponge Bob served his duty and returned to port without a scratch.

"Luckily, Sponge Bob got a day off so he was available to assist us with this rescue," said Chief Petty Officer Paul Wells, executive petty officer at Station Gloucester.

Fall Courses

George Graham AP - STO

The Fall course season is fast approaching and the following courses are accepting students:

Boating Course

The Boating Course provides in depth boat operation and safety training. As well, you will experience the challenge of plotting and navigation. The prerequisite course for becoming a Power Squadron Member. Tell your family and friends.

- Starting Oct 15 at 7:00 PM Chippewa High School. Cost \$160.00 for first student, \$80.00 for each additional family member.

Piloting Course

The Piloting Course extends the navigation and vessel-handling techniques introduced in the Boating Course. The course presents the three aspects of piloting. 1. Navigation and Plotting Skills: interpretation of charts and chart symbols; the DR plot; bearings; Fixes and running Fixes; determination of course to steer in a current, and determining distance off. 2. Seamanship Skills: understanding the hazards of weather, wind, waves, currents, tides and tidal currents, and how to deal with them. 3. Boat Capabilities and Performance: hull speed, stability, rudders and propellers.

- Starting Oct. 16 @1900 Chippewa High School. Cost \$60.00 for first student. \$30.00 for each additional family member

Marine Maintenance

From spark plugs to bottom paint, the Marine Maintenance course covers all the basics for DIY boaters.

- Start date to be announced. Cost \$60.00 for first CPS member. \$30.00 for each additional family member. Non CPS Members \$75.00

Seamanship Sail

The Seamanship Sail Course provides the knowledge required to operate a sailboat safely in most conditions. Building upon the skills gained in Piloting, this course will acquaint the beginner sailor with day-sailing in protected waters, and allow experienced sailors to sharpen their skills.

- Start date to be announced. Cost \$60.00 for first CPS member. \$30.00 for each additional family member. Non Member \$75.00

Celestial Navigation

The practice of celestial navigation involves careful observation of the sun and moon as well as planets and stars. Combining these observations with centuries-old principles, allows a navigator to determine the vessel's position.

- There has been some interest expressed in this course. No cost or time has yet been set to commence this course.

Please contact Carol Gibson to register for any of these courses at 752-2223.

Cold Water Survival Rules

Courtesy The Toronto Star June 27, 2007

1. Stay calm: You will experience "cold shock" after being plunged into frigid water due to rapid skin cooling. This will pass in two to three minutes and normal breathing will return.
2. While waiting for the shock to pass, make a plan. Decide whether to swim or stay.
3. If you decide to swim, consider that most people tested for the study could swim between 800 and 1,000 metres or about 45 minutes.
4. If you decide to stay, pull yourself as far out of the water as possible. Complete any tasks that require hand use – such as tying knots or lighting flares – as quickly as possible before your hands lose dexterity.
5. Stick to your decision. Don't start swimming 30 minutes after you decided to stay.

Next Bridge Meeting
Thur. Oct 4, 2007 @ 1930
North Bay Yacht Club, Callander
All Members and
Spouses welcome.

Commander's Message

Doug Hay P

I'm writing today with sun shining and my boating season coming to an end. I hope all of you had a safe and enjoyable boating season. Sandra and I had a very good summer and we enjoyed sharing our time with others on the water as well as at the docks.

The new training season is quickly approaching and it looks as if we'll be busy. Boating will be offered as usual, Piloting, Marine Maintenance, and Seamanship Sail may also be offered. Hopefully we will see interest in the advanced and elective courses as this is where you really benefit by being a CPS member.

The Squadron hosted several events over the summer. The annual Bar-Be-Que was held Sunday July 15. The Chief Commander as well as the District Commander attended and we all enjoyed a fine meal. No rain on the crowd but we certainly enjoyed watching the storms pass us by! The dinner cruise on Chief Commanda II was a success again this year although I personally missed it.

My thanks go out to all of the many volunteers, without whom, the Squadron would not function or exist. We welcome anyone with even a few hours to join in the activities and give something back to your Squadron. I look forward to your continued support of the Squadron for the coming year.

Just a reminder for the winter season, check your safety gear and plan for replacements as required. Inspect your vessel now and plan those repairs or upgrades. You then have all winter to find the best deals. Enjoy your off season and take in Squadron activities such as the Christmas Social and Boat Show Bus Trip. This is your Squadron, take advantage. See you on the snow banks, day-dreaming about next spring's launch!

Nautical Humour

The First Mate was in a rare mood as he finished drilling the crew. He barked out a final order: "All right, you idiots, fall out!"

The men fell out, but one sailor stood firm. The sailor stared at the First Mate and smiled. "There were a lot of them weren't there sir?"

Cold Water Survival

Courtesy The Toronto Star June 27, 2007

Swimming may be your best bet against drowning if you're plunged into icy waters while boating, a new federally funded study says.

"What I'm saying is don't use the old saying 'you should always stay with the boat,'" says Michel DuCharme, a scientist with Defence Research and Development Canada.

"This is not necessarily the best solution, or the best strategy for survival. Look around you and find the best option." The study appears in the National Research Council journal Applied Physiology, Nutrition and Metabolism. The paper points out that recent research by the Canadian Red Cross showed that 60 per cent of those who survived cold-water emersions swam for shore or other dry sanctuary. Only 30 per cent of survivors stayed with their craft.

DuCharme says traditional advice was based on decades-old studies that suggested cold water would rapidly rob anyone dumped in it of the ability to swim. The thinking was that being as sedentary as possible best preserved body temperature.

DuCharme's team looked at 35 people who were dunked into water with temperatures of 10, 14 and 23 degrees Celsius. They found that in all temperature ranges, people wearing a life jacket could swim between 800 and 1,000 metres, or about 45 minutes, before their arms and legs stopped working from the cold.

DuCharme says that on most Canadian lakes or rivers, a swim of that distance or duration would get people to shore.

As with any crisis situation, remaining calm offers the best hope of survival, the report says. In particular, not panicking in the first two to three minutes after emersion in the icy water is crucial, as the shock of the cold water impairs thinking and breathing. DuCharme says that breathing will return to normal and people should use that teeth-chattering time to assess the situation and determine if swimming is a viable option.

On populated lakes with a lot of boat traffic, staying with the boat remains the best idea, the study says. But swimming makes more sense on remote lakes and rivers where a quick rescue is unlikely, the report says.

"In the wilderness, where I have seen nobody over the last five days, what's the point of waiting for a rescuer?" DuCharme says.

DuCharme says adults should consider swimming with or without life preservers on, and the swimming option also applies to children wearing life preservers.

"I know very well that if I was with my kids, I would ask them to start swimming," DuCharme says.

15 Commandments of Boating

Sandra Hay

The following is adapted from "17 Commandments" by David Seidman that was published in Boating Magazine September 2007

15 Commandments of The Sea

- 1) I am your boat, who brought you out from the land, out from the house and backyard, you shall have no other loves before me.
- 2) Remember the weekend and keep it on the water. Five days you shall labor and do all your work, but the sixth and seventh days you shall rest upon the seas.
- 3) Thou shall not covet thy neighbors boat.
- 4) Blessed are the weak whose direction is determined by the wind; always give them the right of way.
- 5) Thou shall not yell at others while docking, unless they yelled at you while parking the car.
- 6) Thou shall accept paying more if the words "marine" or "boat" are on the label.
- 7) Thou shall spend more time using your boat than working on it.
- 8) Thou shall not bear false witness when making a claim against your marine insurance policy, for these companies have better lawyers than you.
- 9) Thou shall not place any essential parts of thy anatomy near a propeller.
- 10) When thou standest behind a water bike, know that swim wear does not protect against forceful water entry into body cavities.
- 11) The purpose of a boat is to float. When thou goest aboard, look into the bilge to see if it is dry and that the boat is doing its job.
- 12) Thou shall not try to outguess storms. Expect that the one you see will hit you.
- 13) Thou shall never run into anything solid or expensive.
- 14) Thou shall know the Rules of the Road and assume others won't. When in doubt - stop.
- 15) Thou shall have a good imagination of what could go wrong, it probably will. Be prepared.

Nautical Humour

Three deaf sailors are out in the dinghy fishing. First one says, "Windy, isn't it?" Second one says, "No, it's Thursday!" Third one says, "So am I. Let's go get a beer."

Another deaf sailor told his neighbor, "I just bought a new hearing aid. It cost me four thousand dollars, and it's state of the art. It's perfect." "Really," answered the neighbor. "What kind is it?" "Twelve thirty."

Sailing: The fine art of getting wet and becoming ill, while going nowhere slowly at great expense.

Etiquette: Marine custom establishes a code of social behavior and nautical courtesy for every conceivable occasion. When one sailboat passes another, it is customary for the captain of the passing boat to make a bladderlike sound with his lips and tongue, and for the captain of the passed boat to return the courtesy by offering a smart salute consisting of a quick upward movement of the right hand with the second digit extended.

Hazard: 1. Any boat over 2 feet in length. 2. The skipper of any such craft. 3. Any body of water. 4. Any body of land within 100 yards of any body of water.

Porthole: A glass-covered opening in the hull designed in such a way that when closed (while at sea) it admits light and water, and when open (while at anchor) it admits, light, air, and insects (except in Canadian waters, where most species are too large to gain entry in this manner).

Rapture of the Deep: Medical condition known as nautical narcosis. Its symptoms include an inability to use common words, such as up, down, left, right, front, and back, and their substitution with a variety of gibberish which the sufferer believes to make sense; a love of small, dark, wet places; an obsessive desire to be surrounded by possessions of a nautical nature, such as lamps made from running lights and tiny ship's wheels; and a conviction that objects are moving when they are in fact standing still. This condition is incurable.



2007 Paid Membership North Bay Power and Sail Squadron

Membership Roster on September 21, 2007

**REGULAR, SUSTAINING,
FAMILY AND LIFE
MEMBERS:**
BOB ALKINS
ELIZABETH APPLETON
PETER ARGUE
WILLIAM AYERS
NORM BAILEY
GARY BEAN
DONALD BELL
TOM BENNETT
MARIA BERTSCH
NEIL BIELBY
VERNA BIELBY
DAVID BLAHEY
STEFAN BOARD
DANIEL BOOTH
CORY BOYER
PAUL BRAZEAU
HAL BRERETON
GORDON BROCK
LIZ BROOKS
GEORGE BRUEMMER
WILLIAM BRYANT
JAMES BURNETT
JOAN BURNETT
DAVE BYRNES
DAVID CARLIN
STEPHEN CERISANO
GRANT CHURCHER
SEAN CLIFFORD
NOEL CORBEIL
KENNETH CORK
CLIFFORD COWCILL
BRUCE DEMERS
RICHARD DENSTON
BARRY DEVEREUX
DENISE DUFRESNE
MICHAEL EEDY
MARIA ERMEL
JAMES EVANS
DAN FAULKNER
JILL FAULKNER
MIKE FENN
BRINT FORBES
CAVEN FORD
JEFFREY FROUD
MERVYN GIBBENS
CAROL GIBSON
DINA GILBERT
SHANNON GILBERT
CHERYL GIRARD
RAY GIRARD

CLAYTON GOMOLL
IVAN GOUGH
GEORGE GRAHAM
IRENE GRAHAM
SIMON HARRISON
DOUGLAS HAY
SANDRA HAY
JOHN HOLMES
BEVERLEY INGLIS
BOB INGLIS
WILLIAM JENKINS
GARY JODOUIN
GEORGE JUSTICE
TERRY KELLY
DENNIS KING
WILLIAM KREPS
SUSAN LABERGE
STEVE LANDSBERG
TERRY LANG
RONALD LEACH
PIERRE LEVESQUE
REBECCA MACDONALD
RICHARD MACLEOD
THOMAS MACLEOD
DON MACNABB
RAY MANTHA
LINDA MCLEOD
DONALD MERRITT
BRUCE MOORE
MICHAEL NADEAU
MICHAEL O'SHEA
CHARLES OLMSTED
PAT ONIONS
ALAN OSWALD
ANN OSWALD
PAUL PARENT
MIKE PERRAS
DAVID POLLARD
MARY POLLARD
LIETTE RENAUD
MICHEL RENAUD
CATHY RENNIE
ANDRE ROCHON
RAYMOND ROCHON
SHELLEY ROCHON
BILL SCAIFE
HEINZ SCHLUETING
GREG SEAMEN
EDWARD SHEFFIELD
BILL SIMKINS
JOHN SIMMONDS
JOHN D. SIZE
ANNE TAYLOR

RICHARD TAYLOR
BILL TILDEN
JACK TIPLER
GARY TOPP
JOEL TRUCKENBRODT
MIKE TURNER
KELLY UREN
GORDON VALLIANT
COLIN VEZINA
MICKEY WALLACE
BRENDA WALSH
GLENN WHITE
PAUL WHITEHEAD
TREVOR WHITTLEY
DONALD WHYTE

ASSOCIATE MEMBERS:
RUDY BERTSCH
MICHAEL DE MAN
PETER DE MAN
GLADYS DE MAN-RENNIE
ARTHUR HAY
STEPHEN HAY
MARJORIE HENN
JOHN KIPPEN
LORRAINE KIPPEN
SAMANTHA KIPPEN
ANYA KOWALCHUK
SASKIA KOWALCHUK-
MOES
EMMA KOWALCHUK-REID
PETER KOWALCHUK-
REID
ELIZABETH MOES
PETER NICHOL
HEATHER ROBINSON
TANYA ROBINSON
BARRIE SUTHERLAND
MELINDA SUTHERLAND
ANDREW TAYLOR
NORRIS WALKER

LADY ASSOCIATES:
ALISON CONNOLLY
MARY FETHERSTON
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IRMA HEWITT
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2007-2008 Squadron Bridge

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